



**Medical Coverage for employees at:**

**ABM Aviation  
Firebird Freight  
MRZ Trucking Inc.  
RDS Logistics Services LLC  
Shea Nassau Suffolk Delivery Corp.  
World Trade CFS LLC**

**Contact Information:**

**Member Services: 866-646-1779**

**Main Office  
Teamsters Local 210  
Affiliated Health & Insurance Fund  
c/o Crossroads Healthcare Management LLC  
1441 South Avenue – Suite 702A  
Staten Island, NY 10314**